

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: The Soldiers, Sailors, Airmen and Families Association - Forces Help	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? City	
Contact person: Miss Philippa Westwood	Position: Trusts & Major Donor Officer
Website: http://www.ssafa.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 210760
When was your organisation established? 01/02/1885	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London Safer
Which of the programme outcome(s) does your application aim to achieve? More survivors of domestic violence accessing good quality support services that help them to improve their safety, health and well-being Domestic violence survivors empowered to avoid or leave violent, abusive or exploitative situations
Please describe the purpose of your funding request in one sentence. To fund the Home Manager of SSAFA's London refuge for women whose relationship with someone in the military has broken down.
When will the funding be required? 31/08/2016
How much funding are you requesting? Year 1: £33,300 Year 2: £34,000 Year 3: £34,700 Total: £102,000

Aims of your organisation:

Founded in 1885, SSAFA is the oldest national tri-service military charity of its kind. Our values mean that we are committed, practical and understanding, helping our regular and reserve Armed Forces, veterans, and their families in any way we can at times of greatest need.

SSAFA's purpose is to relieve the need, suffering and distress of all those who are serving or have served in the Armed Forces of the Crown, and their families and dependants. We believe that those who have done important and dangerous things for their country should get the best possible support when they need it, and that the hardships experienced by their families should also be recognised.

Everything SSAFA does is underpinned by our vision to ensure that the Armed Forces, veterans and their families know they can depend on us for support for the rest of their lives.

Main activities of your organisation:

Our key activities include:

- Welfare advice and support - this is provided in the local community through our network of 92 regional branches staffed by trained volunteers. We also provide advice and support on military bases through our 66 voluntary service committees.
- Specialist services - these have been designed specifically to address unmet needs in the Armed Forces community and are run centrally by our professional staff (e.g. adoption agency, short breaks for children with disabilities or additional needs, mentoring for Service Leavers, confidential telephone support line).
- Housing - our facilities range from a residential care home and adapted bungalows accommodation for elderly and disabled veterans to shorter-term housing for Service families with specific needs (e.g. relationship breakdown, visiting loved ones at military rehabilitation facilities).
- Health and social care - we deliver contracted health and social care services to Armed Forces families in the UK and overseas including primary care, midwifery, childcare services and nursing.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
429	129	14	6,967

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

Summary of grant request

Relationship breakdown is emotional and upsetting for any family, but women with a military connection face particular issues. If the family is living in service accommodation, the non-serving spouse and children have just three months to pack up their lives, secure new housing, and leave, before being evicted. In cases of domestic violence, women often do not have the freedom, confidence or independent financial means to find somewhere to go.

SSAFA runs two Stepping Stone Homes to offer free accommodation for these women and their children. We hope the City Bridge Trust will support our London Stepping Stone Home - Stepping Stones House - by awarding a grant to fund the Home Manager' salary.

Stepping Stones House provides a nurturing and safe environment for women (alone or with children) to recover from failed, destructive or abusive relationships with serving or veteran men from the Armed Forces. The Home also accommodates a small number of other women and children on behalf of the Local Authority.

The Home's team of three Family Support Workers (one of whom is the Home Manager) help these women to explore their future, prioritise needs, manage any language requirements, establish benefit entitlements, cope with their changed situation, and regain their confidence to enable them to move forward independently.

Most women arrive with only a few bags of clothes for them and their children. We support them with any immediate food, clothing, or welfare needs and the Home is fully furnished. If new residents are not confident enough to leave the building, staff will assist with grocery shopping and other needs until they can manage themselves.

Once settled, a member of the team will undertake a risk assessment with each new resident. Key to this is underlying the importance of never disclosing the Home's location to safeguard both themselves and other residents who may be vulnerable or in danger from former partners.

Staff will then work with each woman to compile a detailed, outcome-based support plan based on their and their children's needs. Based on this, staff provide support, advice and practical help to give residents the tools to make a positive step forward in their lives and transition back to independence after a traumatic and emotional time. Women and children who are survivors of domestic violence are advised of specialist local support and advocacy services (such as counselling or the local Independent Domestic Violence Advisor) and staff will accompany them to appointments and court hearings when asked.

Having supported Armed Forces families for more than 130 years, and run Stepping Stones House since 1996, SSAFA has built extensive experience and expertise in helping women with a service connection through the traumatic experience of relationship breakdown. While the Home does not exclusively offer shelter to those affected by domestic violence, the home is a registered refuge and domestic violence is the most common cause for residents needing to stay at the house (around 50% of residents). Therefore a grant to support this project would directly help City Bridge Trust to meet your objectives under the Safer London programme.

In-keeping with your Good Practice, the Home welcomes people from all backgrounds and values diversity and this is specifically included in support plans. As well as signposting to relevant organisations and amenities such as places of Worship, community support groups, and shops that can meet their specific dietary requirements, staff can also arrange interpreting services. In terms of user-involvement, staff organise regular residents' meetings where women offer feedback and suggestions on the running of the home and ideas for future developments.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Supporting People Accreditation in London Boroughs

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Effective management of referrals to the Home e.g. liaising with relevant agencies/social workers, developing a plan for safe removal of the family/woman from their home, arranging funds to cover travel/transport, accompanying families to the Home, welcoming new residents and addressing any immediate needs such as food and clothing.

Risk assessment and risk management planning with each new resident to benchmark initial wellbeing and highlight areas of concern (e.g. traumatised children who have witnessed or experience domestic violence, woman who are at risk of being found by or revealing the Home's location to a violent partner).

Completion of detailed individual Support Plans with each resident to identify support needs and desired outcomes in the following areas: Family/Former Partner, Economic Wellbeing, Sense of Community, Health, Child Protection, Personal Safety, Education and Training, Equality and Diversity, Housing, Care/Education for Children, Immigration.

Delivery of bespoke support to residents and children according to their needs to give them the tools to move forward independently e.g. emotional support, help to apply for benefits, referral to mental health support, advice/signposting for training or job-seeking, assistance with housing/Leave to Remain applications, support to arrange schooling/childcare.

Training for Home staff in relevant areas to ensure women and children receive the best support possible and to provide a safe and secure environment for residents e.g. safeguarding, domestic violence risk and safety planning, housing law and advice, welfare benefits, Mental Health First Aid, health and safety.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Residents are aware of potential safety issues both personal (e.g. related to violent former partners) and practical and response procedures so women and children feel safe and secure in Stepping Stones House and know how to respond to emergency and non-emergency situations.

Women who receive housing guidance at the Home are more confident in planning onward housing for them and their children and secure safe, appropriate accommodation when they move on.

Residents who are supported to access training and/or education at the Home achieve greater independence by securing employment or learning new skills to be able to support themselves and their families and make a positive contribution to their community when they move on.

Women and children have improved physical and emotional wellbeing through support to access local health services (including health visitors, GPs and dentists) and specialist domestic violence/mental health support services to help them cope with and move on from their difficult experiences.

Women who receive guidance on benefit entitlements and budgeting at the Home have the knowledge skills to maximise their income and balance income and expenditure so they achieve economic wellbeing when they move on.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes - following the grant period we work to support this essential post through other funding sources such as applying for restricted grants from other charitable trusts and foundations, approaches to corporate supporters and major donors, public donations, legacies, and events such as marathons, parachute jumps and extreme challenges.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

73

In which Greater London borough(s) or areas of London will your beneficiaries live?

Harrow (100%)

What age group(s) will benefit?

All ages

What gender will beneficiaries be?

Male

Female

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff costs - salaries	81,985	83,624	85,297	250,906
Locum & temporary staff costs (e.g. counselling)	1,000	1,020	1,040	3,060
Staff travel	4,500	4,590	4,682	13,772
Building maintenance and running costs	48,670	49,643	50,636	148,950
Utilities, council tax & rates	33,993	34,673	35,366	104,032
Furniture	3,000	3,060	3,121	9,181
Rent (premises)	74,955	76,454	77,983	229,392
Office costs (postage, stationery, telephone)	4,223	4,307	4,394	12,924
Indirect costs (15% contribution to organisational costs e.g. finance, IT, HR, governance)	37,849	38,606	39,378	115,833
TOTAL:	290,175	295,978	301,898	888,050

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
London Borough of Harrow	130,000	130,000	130,000	390,000
Supporting People programme	36,852	0	0	36,852
Seafarers UK	17,592	0	0	17,592
	0	0	0	0
TOTAL:	184,444	130,000	130,000	444,444

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff costs - salary & oncosts of the Home Manager	33,300	34,000	34,700	102,000
	0	0	0	0
	0	0	0	0
TOTAL:	33,300	34,000	34,700	102,000

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: December	Year: 2014
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Income received from:	£
Voluntary income	7,762,000
Activities for generating funds	7,064,000
Investment income	893,000
Income from charitable activities	42,199,000
Other sources	1,737,000
Total Income:	59,655,000

Expenditure:	£
Charitable activities	53,298,000
Governance costs	235,000
Cost of generating funds	6,137,000
Other	75,000
Total Expenditure:	59,745,000
Net (deficit)/surplus:	-90,000
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	-10,833,000

Asset position at year end	£
Fixed assets	23,207,000
Investments	9,514,000
Net current assets	14,422,000
Long-term liabilities	40,577,000
*Total Assets (A):	6,566,000

Reserves at year end	£
Restricted funds	5,319,000
Endowment Funds	0
Unrestricted funds	1,247,000
*Total Reserves (B):	6,566,000

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 51-60%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

<p>The vast majority of the Statutory Funding SSAFA receives is not in grants but related to contracts SSAFA holds to deliver Health & Social Care services on behalf of the Ministry of Defence and NHS to the Armed Forces community. As troops withdraw from Germany, our income from the contract to deliver services to Armed Forces families based there will decrease significantly.</p>

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.			
	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	129,468	120,747	130,104
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	30,339,532	33,347,964	26,499,896
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.			
Name of Funder	2012 £	2013 £	2014 £
Army Benevolent Fund	189,000	265,000	275,000
RAF Benevolent Fund	99,600	100,000	100,000
Army Central Fund	50,000	50,000	86,514
Lloyds Patriotic Fund	45,060	45,060	94,200
Royal Navy & Royal Marines Charity	60,000	60,000	80,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Philippa Westwood**

Role within **Trusts & Major Donor Officer**
Organisation: